



^B_@m_Ü`ogH\$ãV dnU Znhr d honrH\$ Odi -Odi 100 O_ã ñdnamJg{MV Agè`m_ü`oZg{JH\$ã g\$ã hñV Znhr. {-OnñnKZ H\$ã^AJXr gai d grmoAnho ñdV... {-OnñnKZ H\$ã`ng ^B_@m_Ä`mEH\$U bñ/dS>I Mnã`m30 Vo40 O_ã I M^, Ono{~`nÊ`nclã hñVno Vno H\$_r H\$ãVm`Vno`ñedñ` Annè`nbm I mñrMo 100 O_ã AZñ\$eH\$ã eñXVm Agbbõ{~`nJo_ü`i Vo

gññãV dnUnMo 2 {H\$õmo{~`nJo H\$ãÜÊ`nhr CnbãY ónMñXmã{ü`i dÿ`n{hè`m AdñWVrb EH\$ã Jã`j ñclã ~rOJWZ H\$ãndo È`mngyZ {ü`i nbbõ{~`nJo 10 Jã`ñH\$ãVm nñbõ. nñhmXgè`m AdñWVrb V`na Pñbbõ{~`nJo{Vgè`m AdñWö_Yo2.5 EH\$ãñH\$ãVm nñgoAnho {Vgè`m AdñWö_YonrH\$ã H\$ãTJr H\$ãVñm 2 {H\$õmo eJm{ü`i Vrb EdTã PñSã CnOZ qH\$ãdm{T>ñVrb PñSã{ZdSãdrV. {Zanñr, ^anã eJm Agbbõr d È`nM OnVrMr PñSã Agè`nMr I mñr Pñè`nzYaM {ZdS>H\$ãndr d ho 2 {H\$õmo{~`nJo nñhm n{hè`m AdñWö_Yonandod {-OnñnKZñMoMH\$ã Zñ_r gñ\$ Ralè`ng Xa di`g Annè`nbm gññãV dnUnMq I mñrMod 100 O_ã eñXVm H\$_r I Mnñõ{~`nJo CnbãY hñB`d bñ/dS`darb I M^H\$_r H\$ãVm`B`. WñS`ñV gññm Mo`ãhUOo 2 {H\$õmo{~`nÊ`mngyZ ~rOJWZ H\$ã`ng {Vgè`m h\$ñm_nH\$ãVm 1 h\$õãgnRã`nñbõ EdTã{~`nJo CnbãY hñB`.

Vb{~`m{nH\$

Sar nOm-and Xe_uit H\$F {dUmnrR\$A`m Vb{~`m g\$en/Z {d^m/n/JV ^B_cy),
 gy`Vb d H\$S\$`m {nH\$la g\$en/Z H\$bo OnVo Odg d Vri {nH\$Mog\$en/Z H\$F
 _hr(dUrb` Zrnj` Wp gni m-rZ {nH\$Mog\$en/Z ànk(eH\$ g\$en/Z H\$D, A_andVr `Wp
 Va Ea\$ (nH\$Mog\$en/Z H\$S\$chj eVr g\$en/Z {d^m, AH\$om` Wp H\$bo OnVo

^B_cy

^B_cy hoVbdJu`_hEdnMoZJXr nrH\$ Anho nU H\$ni nA`m AnKnV E`nMo_hEd
 APnrH\$ àhUz gWxm dnt\$g bruboo Anho `m {nH\$V {Za{Zanù`m hdm_nZnV Oir dZ
 KÈ`nMr j_Vm Anho VgM honrH\$ \annbO\$g AnU An\$anrH\$ àhUz KÈ`ng AE`y
 Cn`P\$ Anho `m {nH\$ni oO{ZrMr gmrH\$m dnt\$yo

hdm_nZ d O_rZ :

U`, Mnsè`m {ZMe`nMr, ^g^erV, dmi y_{I rV {MH\$U _nVrA`m d g{D`
 nXnWAgbe`m O{ZrV honrH\$ Mnsbo`Wp

nd`emV d ^al Vo:

O_rZ VrZ dfrOZ EH\$ dè I nbo Zr\$andr AnU àE`t\$ dè r 2 Vo3 dI anA`m
 nmù`m XDSZ Mnsbr V`na H\$andr. O{ZrVm H\$_rV-H\$_r 20 g{r. Mm Wa ^g^erV
 AgUo Andí`H\$ Anho Mnsbo`wbo eWl V/H\$annO` V 5 OZ (10-12 JnS\$m)
 à{V h\$Oa eolO`m dI anA`m nni rnplu Úndo

{~`nE`nMoh\$Oar à_nU :

gd@mYmaUnUoh\$Oar 100 Vo125 {H\$boXnUoà{V h\$Oa naUrH\$aVm brUvVn.
 h\$Oar {~`nE`nMo à_nU Ra{dE`nH\$aVm I nrbp gy`nMm dnna H\$andm

$$h\$Oar \{~`nUo = \left[\frac{h\$Oar Pr\$Mr g\$`m \times 100 XnE`nModOZ (Ji)}{CJdU e^o\$ (\%)} \right] \div 1000$$

~rO à{H\$`m :

naUrnpU {~`nE`ng Wmì a_ qH\$dm H\$m-Y\$Pr_ qH\$dm_ŸH\$Dp- 3 Vo5 Ji à{V
 {H\$boà_nUobndZ ~rO à{H\$`m H\$andr VgM naUrnpU amí Pr{~`_ AnU ñ\X {daKi Urao

300 Vo 500 {H\$bn{Obg_ {Xè`ng CÈnkZ dntVo

I n\$È`m ^aUo:

CJdUrZYa Vm-SVno àhUOo 10 {XdgnÀ`m AnV I n\$È`m ^am`nV.

AnYa_emJV :

nrH\$ dntÀ`m giesdnVrÀ`m AdñWo_Ü` oáhUOM gñVnaUV: 6 Vo 7 AnRdSè`V
AnYa_emJV H\$è\$ eW ^ng^erV Ròndc È`nH\$aVm3 dõ mSelaUr AnU Andí`H\$VZgrn
2-3 dõ m qZXUr H\$andr. dñUnaÈdoedCÀ`m SelaUrÀ`m dõ r {nH\$ng _nVrMr ^a Úndr
qH\$dm 8 Vo 9 AnRdSè`nMo nrH\$ Pnbo H\$ {nH\$ndc Sè_ {\sacndm Anè`m gñè`nZYa
AnYa_emJV H\$è\$ Z`o

VU ì`dñWmZ :

nrH\$ 6 Vo 7 AnRdSè`n`V VU{da{hV Ròndc È`nZYa _mì H\$ñT`Jrn`V {nH\$À`m
da AnboVo VU hnVnZo CnSè`do VUZmeH\$Mm dñna H\$and`nMm Agè`ng naUrnydu
~ngnòrZ (áb{bòrZ) qH\$dm naUrZYa 48 VngnÀ`m AnV bngnò (AbrìSbm), OabH\$
B@25 (Zm OabVZ) qH\$dm nOabn (n\$è`WbrZ) qH\$dm Jnb (AnSgabyAnnVZ) `nnH\$
H\$ñVbr EH\$ VUZmeH\$ {e\`nagrV _mì m KD\$Z O{Zrda \sdrandc

AnbrV ì`dñWmZ :

I arn :

{nH\$À`m ZnOjH\$ AdñWV nndgnV I \$>nSè`ng AnU AnbVnMr gnò Agè`ng
gñj H\$ AnbrV Úndc (naUrngyZ 60 Vo 70 {XdgnMm H\$ñi gdnV ZnOjH\$ AgVn).

CYhmi r :

O{ZrÀ`m _JXamè`nUo`Wmì nìè ASyanZo EH\$Ka 15-17 nñè`nÀ`m nñù`m
bmJVrb. naUrZYa bJM AnbrV H\$andc gñjU`CJdU Pnè`nZYa nrH\$ \ñbndc `B@`V
nñè`nMm VnU Úndm

a~r : EH\$Ka 8-10 nñè`nÀ`m nñù`m bmJVrb.

H\$ñT`Jr :

gnVnaUnUoPrSè`darb 75-80 Oè`eJm n1\$ Pnè`m àhUOonrH\$ H\$ñT`Jrg V`na
Pnbo Ago g_Ondc

hōQar CĒnmKZ :

gnYnaUV: I arn hšm_nV 15-20 {1\$0b, Cŷhmi r hšm_nV 25-30 q1\$0b
AnŰU a-r hšm_nV 20-25 q1\$0b hōQar eJnMo CĒnmKZ {i Vo È`nM~ana hōQar
4-6 QZ HŰQam {i Vo

ešX daš-m-gar qHšdm AēšX daš-m-gar qHšdm gar-daš-m nŰXVrZo naUr HŰē`ng
CĒnmKZ OnŷV {i Vo eŠ`Vnda ņdV:Mo{~`nUoŷdV: V`na Hšandlo È`nHšavaMnr.Sš.HŰ.ŷhr
nŰXVrMm Adbš: Hšandm Cŷhmi r hšm_nV QšEOr-24 naÈ`nHšavaM brŷUrao {~`nUo
I arn qHšdm a-r hšm_nV ņdV:À`m eŷVnda CĒnmKXV HšUoognò rMo hmo

nrH\$ gōj U

{H\$Sš d È`nŰMo`i`dnWmZ :

^B©_wnda _w`V: nŷZo nnd aUmar AWdm nŷZo Jšxi Umar Ai r, VŷVŷe AnŰU
VŰo{H\$Sš`nŰM ànŰW`nŰ Anŷi Vno

1) VŰo{H\$Sš:

VŰo{H\$Sš AnHšamZo bhmZ Agŷ È`nŰM_mJrb ^mJ {Z_ŷi Vm AgVno VonmZnMo
Hšndù`m ešš:nV VgM nŷZnda Anŷi VnV. bhmZ VgM nŰJ©dm>Prbbo VŰo{H\$Sš
^B©_wŷnMo nŷZnŰM nŰš^mJ AnŰI SŷnV AnŰU È`nVŷ {ZKnbobm APag enŰU HšavŷV.
È`m_ŷi onmZnda daÀ`m~nOng nŷšao {ndi ga {\\$_š0MÀšnSŷnV. VgM nŷZnŰM I rtoMm
^mJ Vn{Hšar ašŷnŰM hndšZ MHšHšVno ag enŰUŷedm VŰo{H\$Sš ^B©_wŷnA`m ešš_a
anŰnŰM àgra HšavŷV.

2) VŷVŷe:

VŷVŷe {hai`m ašŷnMo AnHšamZo nŷMargna I o Agŷ nŷZnMo I rtorb ~nOnda
Anŷi VnV. VonmZnVrb ag enŰU HšavŷV. È`m_ŷi onmZo{ndi r nSŷnV.

^B©_wŷndarb VŷVŷe AnŰU VŰo{H\$Sš`nŰMo à^ndr i`dnWmZngnRš {H\$šZr AnŰWŷš
ZnšgnZrMr gšŰV nŷVi r (15 Vo20 VŷVŷeà{V Prš>qHšdm5 VŰo{H\$Sšà{V eššV{ŷZb)
JnRē`nda qZ~nŰ rMm 5 QšŰ AHS qHšdm APn{Saš0šZ 1500 nŷnrE_ 2 {_.br. à_nUo
n{hbr \šdŷaUr AnŰU bJM nŷadnšēnzŷa Xŷgar \šdŷaUr Hšandr. angm {ZH\$ {Z_š UngnRš
Všā_nŰWAnŷ 12 {_.br., Sšā_ŷnŰEŰ>10 {_.br., {Wb {S_ŰšZ 8 {_.br., WmŰ_ŰšZ
8 {_.br. `nŷH\$ HšndÈ`nŷr EHšn {HšHšZneHšnMr 10 {bŰa nŷÈ`nV {gi ŷ \šdŷaUr

\\$draE`m H\$am`nV.

2) nmZndarb ~merOY` {R\$H\$:

bj Uod n[aUm_ : Pr\$A` m nZnda, I n\$da d eJnda Vn(H\$ar a\$nlM) {d(ei>AnH\$anMod
AnH\$an_rZnlMoJSX db` Agbobo{R\$H\$ Amf`i VnV. H\$bnYanzZnZndarb {R\$S` nMm AnVrb
^ml Ji z` nZnlom {N\$onSVnV. AnD`hdm_rZ aml `agrang AZH\$o RaVo

{Z` § UnMoCnm` : 1) naUmlu àV {H\$om{~` nE`ng 2 Jk Wni a_ + 1 Jk H\$m-Y\$afP_ qH\$dm
3 Jk Wni a_ bndclo 2) aml {Xgz` VnM {nH\$da H\$m-Y\$afP_ -10 Jk qH\$dmH\$ma An\$SgS\$brnBS>
25 Jk AWdm_YH\$P- 25 Jk, 10 {bOa nri` nV {gi z` \\$chrando

3) Vn\$am:

bj Uod n[aUm_ : anmMr bmlU Prn`ng nZnA`m_rvb ^rjnda Vn\$-S\$ qH\$dm {\\$, \$D>
H\$ni nO> bml \$> JQnA` m a\$nlM) gB` m Oab\$A` m AnH\$anMoS\$al nSVnV. amnMm OnnV àH\$m
Prn`ng nZnOji z` nSVnV. eJmnrM>d XnJoMnO\$anH\$VnV AnU CEnrKZnV bj Ur` KO>` W

{Z` § UnMoCnm` :

A) naUrZYa 35 {XdgnZr {nH\$da_YH\$P- 25 Jk, 10 {bOa nri` nV {gi z` \\$chrando
~) à`ndr {Z` § UnH\$aVm amnMm ànK`nE` Amf`i z` AnE`nda 15 {XdgnMo A\$YanzO
S\$ V\$H\$ZPnb (nH\$) 0.1 O>§ (10 {_.br.) qH\$dm`annrAnH\$ZPnb ((O&O) 0.05
O>§ (5 {_.br.) 10 {bOa nri` nV {gi z` VrZ \\$draE`m H\$am`nV.

4) eJdarb H\$anm:

bj Uod n[aUm_ : nZp I n\$>AnU eJnda A{Z`_rV AnH\$anMo^mH\$O>{R\$H\$onSVnV AnU
E`nda ZYa H\$ni r gU_ ~mer V\$ o{Xgz` VnV. ~r V`ra hri` nA` m àH\$ V {dnarV narUm
hnl/no nZp I n\$>d eJm_U` o~mer gu`ndnWV anVo

{Z` § UnMoCnm` :

1) 3 Jk àV {H\$om`m à_nUnV Wni a_ `m ~merZneH\$Mlr ~rO à{H\$ m H\$andr.
2) 25 Jk H\$ma An\$SgS\$brnBS> qH\$dm 25 Jk_YH\$P-, 10 {bOa nri` nV {gi z`
Andr` H\$VZgra 10 Vo15 {XdgnMo A\$YanzO 2 Vo3 dO m \\$chrando

5) _j AnU I n\$gS>:

bj Uod n[aUm_ : amndnWV amnMm bmlU OnnV {Xgz` V`Vo amnMm bmlU O{ZrbJVÀ`m
I n\$da VgM _u`nda ^mH\$O>H\$ni nO>S\$alr`r hnlVo I n\$amr AnU _u`nMm gnb amJrV
Prn`m_u` oamngm AP ncdR\$an hnlV Znhr, E`m_u` onnZn{ndi r nS\$ Ji VnV. Aer amno_aVnV

An(U O{ZrbJVM H\$no_S\mV. andO> I n6:nda An(U _ir nda Ag\$` H\$ni r ~ner
~rOo(n\$ban(e`n) {Xgz `WmV. O{ZrV H\$_r An(bndm An(U O{ZrMoVmm_rZ 30 Vo
35 A\$e gp\$gAg andnA`m àgranbom nmFH\$ RaVo

{Z` \$ UmMoCnm` :

- 1) naUrnpU 1 {H\$no{~` nE` ncom 3 J` Wm a_ qH\$dm H\$QZ qH\$dm 2 J` Wm a_ A{YH\$ 1 J` H\$m-Y\$Pr_ bndndc
- 2) On H\$S>nP` m O{dH\$ ~nerMr 4 J` àV {H\$no{~` nJo` m à_nUv ~rO à{H\$ m H\$andc.
- 3) O{ZrV qZ~ni r T` qH\$dm V\$g_ g{D` I VoOnH\$ndcV.

6) H\$noa andO>:

bj Uod n[aUm_ : Pr\$Mo_j d I n6>` n` m On\$Odi ~nerMr nP`ar dnt>Prbbr
Ant\$ Vo VgM ~ner ~rOohr Ant\$ j `WmV. nP`Pr\$A`m`m`^mMr gS>hnbvo Pr\$>
gm\$Vod _e\$Z OnVo nU _n\$AdnW Pr\$>(ndi onS\$Vod Z\$ya _aVo

{Z` \$ UmMoCnm` :

- 1) naUrnpU 3 J` Wm a_ qH\$dm H\$QZ qH\$dm 2 J` Wm a_ + 1 J` H\$m-Y\$Pr_ àV {H\$no{~` nJo` à_nJo` ~rO à{H\$ m H\$andc.
- 2) bndU Prbbr Pr\$CnOZ H\$ndc d eWm-nha ZD\$Z Oni ndcV.

7) _mPH\$:

bj Uod n[aUm_ : andJnV Pr\$Mr dnt>I bbr {XgVo nmZoAmi \$, bhmZ, On\$ga
d gmH\$Vbbr hnbV. Aem Pr\$Zme\$H\$_r bndVnV d È`nhr I nObè`nM gmS\mV.
andàgra _ndm {H\$S\$Xmao d {~` nE` nmgyZ hnbvo

{Z` \$ UmMoCnm` : I nbrb nH\$ H\$ndÈ`nhr EH\$m {H\$H\$ZmeH\$Mr 10 {bOa nE`nV
{_gi j ` \$dnaUr H\$andc d _ndm {H\$S\$Mo {Z` \$ U H\$andc
Sni _WnE`O> 30 O_ \$ àdnhr 10 {_.br. qH\$dm {Wrb S_ QZ 25 O_ \$ àdnhr 10
{_.br.

8) {ndi m _mPH\$:

bj Uod n[aUm_ : andO>Pr\$A`m nmZnVm H\$nr ^m {hadO>Va H\$nr ^m {ndi ga {Xgz
`WnE`S\$S\$to nmZo{ndi r nS\$ An\$ZnZo bhmZ hnbV. nP`è`m _neriXmao andàgra hnbvo

{Z` \$ UmMoCnm` : Sni _WnE`O> 30 O_ \$ àdnhr 10 {_.br. qH\$dm {Wrb S_ QZ 25
O_ \$ àdnhr 10 {_.br. 10 {bOa naE`nV {_gi j ` \$dnaUr H\$andc.

gnò m-rZdarb {HSS#Mod andn#MoEH\$H#V i` dñWmZ

gnò m-rZ {nH\$da àm_>` nZoam_a, _ir H\$O, eJndarb H\$anm gy_ [OdnU#m H\$anm BÈ` nKr and VgM I nS>mer, M\$#^#m, nnoZJ\$xi Unar Ai r AnU nnoZ I nUne`m {HSS#M/ m ànX#n# AnT#i Vno angm {ZHS ~merZneH\$M/m d {H\$H\$ZneH\$M/m X#n[aUm_ VgM È` n#m dlna H\$_r H\$È` nMoN#i>ZoandnMod {HSS#MoJaOZygra {Z` j U H\$aUoAndi` H\$ Anho È` ngnR# and d {HSS#` nH\$aVm EH\$H#V i` dñWmZ nUXVrVm Adb\$ H\$aUo\`n ÚnMoRaVo

- 1) gnò m-rZMr bndS>H\$È` mglu eWm C#mi r Z#JaUr H\$andr. È` m_# o~merMr ~rOp V\$yVgM ~merMr \`si o`m andn#m AnU {HSS#Mo AdñW#m nj n\$XraoVgM CiUV#ir o AnU O`ZrV I n# JnSè`m OnD\$Z Zne h#n#
- 2) gnò m-rZMr naUr OloA`m X#gè`m AnR#S#n#`V g#dndr.
- 3) {dfnUy#S {Zand# {-` nJo dlnando
- 4) naUrgnR# H\$S>d and à{VH\$aj _ AgUne`m dñU#r (CXm O#EE_Eg-38, O#EE_Eg-98-21) {ZdS>H\$andr.
- 5) naUrnlu ~merZneH\$M/m dH\$dm O{dH\$ ~mer Ogo Om H\$S>#r ~rO à{H\$ m H\$andr,
- 6) {nH\$A`m g#dñVrA`m AdñW eW VU_#S R#nd# ~n#da AgUne`m {HSS#A`m n#H\$ dZñV#m Zne H\$andm
- 7) eWm AJXr g#dñVr#m andO>PrS#XgV#m CnOZ Zi>H\$andr.
- 8) M#H\$#m d I nS>merA`m ànX#n#m_#ir o{HSS#J#V nnoZ \`#m dñi V#V, àhUz {HSS#J#V PrS# dñi bè`m \`#m nnoZMoX#B#m Ai rgh Zm Zno>H\$andm
- 9) H\$gm Ai r VgM V\$-m# #r nnoZ I nUne`m Au`n#m È`m bhnZ AgV#Zm Om rXra nnoZn#gh Zm Zno>H\$andm
- 10) gnò m-rZ {nH\$Mo {Z` {V gdj U H\$and# AnU {HSS#Zr AnU#P\$ ZmSgnZrMr _` n#m n#V#r JnR#V#m H\$S>{Z` j UnMoCn#i` `nDn#V. VgM And#i` H\$V#Zygra andn#r Vrd#m d {nH\$M#r AdñW#m n#nZ ~merZneH\$M/m \`s#naUr H\$andr.
- 11) nnoZ I nUne`m {HSS#Mo i` dñWmZnH\$aVm 5 O># qZ~n# r AH\$#m dlna H\$andm
- 12) gnò m-rZ {nH\$Z#Ya ^B`#UnMo#rH\$ KD\$ Z`o
- 13) {nH\$M#r \`ann#O>H\$andr.

gnò m-rZMoCÈn#XZ dñT#gnR#_hÈd#A`m g#M#Zm:

- 1) d#o da (15 Otop`V) naUr H\$andr. _m# Y# naUr H\$È` Z`o

- 2) naUrnpLu {-`nE`ng ~nerZneH\$Mlr àW_ à{H\$ mH\$andr d È`nzYa [OdnUg\$Y? bndndo
- 3) O_rZrÀ`màH\$anzgra`nèz CYZV d A{YH\$ CÈnYZ XbmaodnU {ZdSndp OgoOrEE_Eg-38 d OrEE_Eg 98-21.
- 4) AZndfH\$ eUvM AgnUraoVgM OnoXra d Mngè`m à{VMoXOXra {-`nJo naUrgnr& dmanndo
- 5) {-`nJo4 g|_r. ngj mOmV I nbo né Z`o
- 6) CVranbm AnSsr VgM npl@npiM_ naUr H\$andr. (a~r h\$jm_nV honrH\$ KD\$ Z`o)
- 7) naUrnpLu {-`nE`nMr CJdUe°\$ Adr` Vnngz` z`ndr.
- 8) gnò m-rZ {-`nJoñdV:À`m eVnV V`ra H\$andp `m_ür oI MreU`o~MV hnbVoVgM XOXra {-`nJoh_I ng {i Vo
- 9) À`m eVnV nE`nM`nèz {ZMam hnbV Zgb AemO{ZrV {Ofg_ 10 ~9D (5 q'Qb) à[V h\$Qar `m à_nJnV npl@_emVrModò r {gi z`Úndo
- 10) MIZ I S\$ eVnV`o(gm_y8.0 ngj mOmV) gnò m-rZMo(nH\$ng V\$ag gèV\$D>0.5 O_& (50 Jè) + 0.25 O_& (25 Jè) H\$ì nM MIZm 10 {bOa nE`nV {gi z`m {I UnMr \SdraUr Xnz` dè m (n{hbr \SdraUr nrH\$ Vlonca`è`nngU AnU Xigar eJm YaÈ`nÀ`m Adr`Wo_Y) H\$andr. `m_ür oI bnbMlr H\$_VaVm (nH\$ng ^ngUra Znhr (nrZò {ndi r nSè) d`nèz CÈnkZ {i b.
- 11) _i Ur H\$VnzM S_Mr Jvr 350 Vo400 VhoàV {ZD>`ngj mOmV Zgnr.
- 12) nrH\$ VloncnVW AgVnzM SelaUr _ür nM H\$è\$ Z`o

gÿ Vb

gÿ Vb ho_hrami`vrb H\$_r H\$bnclYrV `UraoEH\$ _hÉdntU`Vb{-`m nrH\$ Anho
 nrH\$ gÿ`H\$ng g\$KZerb Zgè`m_ür oI am, a~r d Cÿm r`m [VZhr h\$jm_nV h_I ng
 `Urao_hÉdnMo nrH\$ Anho I am (nH\$Mlr naUr H\$hr H\$raUnzo bng`br Va Aem dè r
 AmVH\$brZ Xè\$Vr àhUz gÿ Vb`nèz Ago nrH\$ Anho ho nrH\$ nndgnMm VnU ~è`nM
 à_nJnV ghZ H\$è\$ eH\$Vo gÿ Vb nMr gangar CÈnkH\$Vm dnt`dÈ`ngnr& gÿ nV / gÿ`aV
 dnU`m VgM àJV bndS>V\$ nM dma H\$UoAndr`H\$ Anho
 hdm_nZ : gÿ Vb nMrH\$ 700 Vo1000 {_.r. nOP`nzV MngboCÈnkZ XD\$ eH\$Vo
 O_rZ : nE`nM Mngbm {ZMam hnbUrar, _Ü`_ Vo ^nar O_rZ {ZdSndr. gÿ Vb nZYa
 gÿ Vb nMrH\$ Kè`nMo eS`Vno`nèz ndo
 npl@emJV d ^al Vo: O{ZrMr VrZ dfrVZ EH\$M I nbo Zng`aUr H\$andr. dI anÀ`m nM`m
 XD\$Z O_rZ ^ng`erV H\$andr. eolOÀ`m dI aUrnpLu h\$Qar 5 Vo10 OZ MngboH\$Oblo
 eU I V qH\$dm H\$annO> I V O{ZrV {gi ndo

\\$ {eanM {e,, H\$ RødVnV. A\$ d Om rXna nmZoAù`ng{hV H\$Zi>H\$andrV.
È`n`m {Z`U UngnR\$ EY\$ngè\`nZ 35 0> àdhr 20 {..br., 10 {b0a nmÈ`nV
{_gi z \Sdramclo

am d È`nMo`i`dnWmZ

1) nmZndarb AèQaZ`nMo {R\$H\$: `m am nMm àgra hdm {-`nUo d O{ZriXrao
(O`m Adefrnngz) hnbno `m am m_ii o naUrZVa gmYnaUV: EH\$ {hY`nZo nmZnda
Vn{H\$ar a\$InMo Jnb Vo A{Z`_V AnH\$anMo dV nH\$na MH\$ qH\$dm db`o Agbbob {R\$H\$
nS\$z H\$bnYanZoH\$ni nO>d AnH\$anZo`nR`hnb/nV. _Yrb ^m {R\$gi hnd\$ Ji Vm d {N\$D
nS\$VnV. am nMr VrdVm OniV Agè`ng ~rO YnaUm ~ano-a hnb Znhr An{U CÈnPrV KO>
`Vo

naUrngu 3 Ji Wm a_ qH\$dm 2 Ji H\$-Y\$P_ qH\$dm 2 Ji Wm a_ A{YH\$ 1
Ji H\$-Y\$P_ à[V {H\$bn {~`nÈ`ng Mm z ~rO à{H\$`m H\$andr. `m am nA`m
{Z`U UngnR\$ _Y\$P_ (S\$ Wz E_-45) 25 Ji, 10 {b0a nmÈ`nV {_gi z \SdramUr
H\$andr.

2) Vn\$-am : Vn\$-am hm ~erOY` am Agz È`nMm àgra hdbXrao hnbno am nMr bndU
I arnng ma~r h\$M_nV nH\$ gmYnaUnUo70-75 {XdgnMo AgVn\$ hnbno nmZnda I nbA`m
~nOg ZnfaJr / Vn{H\$ar a\$InMo \S\$>`nV d H\$bnYanZoVoH\$ni nO>qH\$dm JX`H\$S\$em a\$InMo
hnb/nV. am nMr VrdVm OniV Agè`ng nU`nmZnda Xnhr ~nOg ho {R\$H\$ {dI wbbob
AgVnV. am m_ii onZo H\$anVnV, Ji z nS\$VnV d ~r ^aV Znhr. {-`nVrb VbnMo à_nU
KQVod CÈnPrV KO>`Vo `m am nMo`i`dnWmZ nmZndarb AèQaZ`nMo {R\$H\$ `m am nA`nUo
H\$andclo

3) ZH\$ngrg {dfnUy am : `m am nMm ànX`nÈ` {nH\$Mr am nMm Vo nrH\$ n{anSd
hnb`nA`m AdnWn`V H\$ hnr {Xgz `Vno am nMm H\$ hnr PrS\$Mr dnT>I Q>obr d
nmZnda _nPH\$ gnaI r bj Uo {XgVnV. gnednVrbm `m am m_ii o PrS\$Mr nmZo H\$S\$S\$z
AnV_`oH\$ni r hnb/nV, J\$ai è`ngnaI r/H\$H\$S\$è`ngnaI r {XgVnV d nmZnm H\$H\$S\$obom
VgM Bva H\$ hnr am JnV ^m H\$anbom {XgVno nif`m am nMm ànX`nÈ` nmZnA`m XRacla,
I n\$nda d eodQ\$ e\$em`V ngaVno È`m_ii onnZnMr XRaH\$ni r nS\$VnV. d I n\$nda VQ\$H\$
qH\$dm AI \$>H\$ni nO>nA`m {XgVno d PrS\$ d\$anH\$S\$ {XgVo VgM H\$ hnr PrS\$Mo e\$e
H\$anè`m_ii o È`nda H\$ni rH\$anm am nMm gnaI r bj Uo {XgVnV. `m am nMm àgra {d{dY
Vob{H\$S\$em_ii o hnb/no

ì` dñWmZ ...

- anul àgrnH\$ {H\$S\$ngyZ (\b{H\$S\$} anulbom à{V~YngnR\$ naUrnyplu B\$S\$bnàrS> 5 Jì à{V {H\$bn{~` nE`ng Mni Z ~rO à{H\$ m H\$andr.
- {nH\$A`m g^ndVnto Mmahr ~nOZr ÁdnarA`m 5 Vo 6 Ani r nam`nV. È`m_uir o \b{H\$S\$ngnM ànkx`nE H\$_r hndSZ ZbH\$ngrg anulA`m ngranbom Ani m ~gVno
- JnOa JdV, Jml é, naS\$ BÈ`nKr VUnM VgM anulO> PnS\$M CnOZ Zm ZnO> H\$andm
- anulnMo {Z`j UnH\$aVm B\$S\$bnàrS> 2.5 Vo 3.0 {_.br., 10 {bOa nE`nV {Lgi Z amndñWongyZ 15 {XdgnMoAYanzO~r ^aE`nMoAdñWm`V \sclnUr H\$andr.

Vri

Vri ho^naVnVrb gdnP OzO Vb{~`nMonrH\$ AgZ OJnV {Vi ml nrb j ò AnU CÈnrXZnÀ`m ~mVrV ^naVnM àW_ H\$ rH\$ bnVno [Vi nÀ`m Vlong Om{VH\$ ~nOranB\$ \sna _mUr AgZ, ànMrZ H\$ri nngyZ {Vi nMoVto I nU Vto àhUz dmaè`m OnVo

hdm_nZ d O_rZ : Vri nrH\$ I arn, AY@a~r, CÝhmi r `mgd`h\$M_nV KVm`Wo `m {nH\$ng 25 Vo 27 A\$ go CìUVm_nZ nrfH\$ AgZ gV `Une`m nndgnMm CÈnPrda {dnarV n[aUm_hnVno {Vi nMonrH\$ MnJbom {ZMam hnUne`m gd@aH\$A`m O_LrV KVm`Wo nUr gnMz RalUne`m O_Lr`nE` ZnhrV. AY@a~r h\$M_ngrR\$ Anbnom YéSZ RalUmar ^nar O_rZ {ZdSadr.

nyl@emV d ^al Vo:

1. {Vi nMo{~`nJo ~narH\$ Agè`nZo O_rZ MnJbr V`na H\$andr. CÝhmi`nV C^r AnSdr dI aUr H\$andr d eadOÀ`m dI aUrA`m dO`g 10-15 JnS\$cm MnJbo HìObboeWl V O`H\$Z O_rZrV {Lgi Z Úndod O_rZ MnJbr ^g^erV H\$andr. H\$S\$ H\$Mam dMz eV ñdÀN>H\$andod nRac {\sclz naUr H\$andr.
2. AY@a~r h\$M_nV dI anA`m ncu`m XD\$Z OmVrV OnñV nUr eWnV _wclnlo {~`nE`nMo h\$Qar à_nU : I arn d AY@a~r h\$M_nH\$aVm à{V h\$Qar 1.5 Vo 2.0 {H\$bnod CÝhmi r h\$M_nH\$aVm 3.0 Vo 4.0 {H\$bn{~`nJo dmanclo ~rO à{H\$m : naUrnyplu Wm a_, H\$m-Y\$afP_ qH\$clm ~n{gH\$fb `nnH\$ H\$bnE`nhr EH\$m ~merZneH\$Mlr 3 Jì à{V {H\$bn VgM Q`n H\$nb>nepiharS\$ 4 Jì à{V {H\$bn `nà_nJo ~rO à{H\$m H\$andr.

naUrMr d0 : I arn - OZMm edOM qH\$dm OloMm n(hbm AnRdS\$ AY@a-r -
gBQ}aMm n(hbm nYadnS\$ CÝhmi r - \0-wnarMm n(hbm nYadnS\$

naUrMr nUXV : {~`nUo \S\$ ~narH\$ Agè`m_wi oÈ`nV g_à_nUnV dmi yJmi bbo
eUJ V/amI /_nVr {gi ndr. nm^arZd{V\\$_UrZo 30 g|_r. A\$anda naUr H\$andr.

AnY/anrH\$: Vri ho AnnE\$H\$orZ nrH\$, AnY/anrH\$ AnU {I nrH\$ ahUz KVm`Vo
AnY/anrH\$ nUXVr_Yo Vri + _y (3:3), Vri + gn0 m-rZ (2:1), Vri + H\$mer
(3:1) ho \S\$ Xera AnT\$ j Anlbo Anho

angm {ZH\$ I VnMr _m_m, d0 : naUrA`m d0 g AY}Z (12.5 {H\$/ho) d nU©
ñ\X (25 {H\$/ho) XD\$Z Cabè`m ZInM Xugam hám (12.5 {H\$/ho) naUrZYa 30
{XdgnZr Úndm EH0-64 `m dnUnH\$aVm angm {ZH\$ I VnMr _m_m 40 {H\$om ZI d
25 {H\$om ñ\X/ho EdT\$ Úndr. VgM naUrA`m d0 g qPH\$ d gè\sa (H\$_VaVm
Agè`ng) O{ZrV 20 {H\$om/ho`m à_nUnV {Xbo AgVm CÈnPrV dnt>hnV
{dai Ur / I nSè`aUo : naUrZYa 7-8 {XdgnZr ZrSo ^andV. naUrZYa 15-20
{XdgnZr n(hbr d 8 {XdgnZr Xugar {dai Ur H\$è\$Z XnZ amnV 10-15 g|_r. A\$
Roldo ahUOoeVnV h\$0ar 2.25 Vo 2.50 bml amnVr g\$`manhrb.

AnY/a_emUV d VU i`dnWmZ : Andí`H\$VZugra2-3 H\$ni nÈ`nV`m XDSZ d
qZ XU H\$è\$Z eV ñdAN>Roldo nrH\$ EH\$_{hY`nMohmB`V eVnV VU hnUra Znhr`nMr
H\$ni Or j`ndr.

AnbrV i`dnWmZ : CÝhmi r {nH\$ng / AY@a-r {nH\$ng Andí`H\$VZugra naUrnd©d
naUrZYa Vm-SVno d ZYa O{ZrA`m _JXma`nUo 12-15 {XdgnZr AnbrV H\$ando
\d0nè`ng gè\$dnV hnVnZm d ~n\$em`^aVnZm VnU nSè`ng g0j H\$ AnbrV Úndo
AnbrV H\$aVnZm nUr gnMz`anhUra Znhr`nMr Xj Vm j`ndr.

H\$mUr d _i Ur : [Vi nA`m H\$mUrg Cera Pnè`ng ~n\$em`V0z ~r gn\$Vod ZH\$gnZ
hnV0 È`m_wi oH\$mUr d0 da H\$andr. PrS\$Mr nuzo{ndi r nSyz ~n\$em`{ndu`m hnV`ng
gè\$dnV hnVnM nrH\$ H\$mUrg V`na Pnbo Ago g_Ond0 H\$mUr H\$è`nda Vm-SVno
n\$em`~nVz È`m Càm aMz Roldm`nV. 3-4 {XdgnZr ~n\$em`dmi è`nZYa VnS\$A`rda
hi M Cb0eYè\$Z H\$R\$A`m ghme`nZoVri PrS\$nd0 H\$hr ~n\$em`VSH\$è`m Zgè`ng 4-
5 {XdgnZr naV n\$em`PrS\$`m AnU {~`nUoñdAN>H\$è\$Z d dmi dZ gnRoldo

h\$0ar CÈnKZ : {Vi nA`m {nH\$ngyz h\$0ar 8-10 {1\$0 CÈnKZ {i Vo

Vi mlogwrfav dmU d E` nMoJUY_©

A. H\$.	h\$im_ d dmU	\bOnie` rcla` E` mMm H\$rbmdYr (fXdg)	n[an`\$ hmi` mMm H\$rbmdYr (fXdg)	1000 XnE` mMm dOZ (Ji_)	XnE` mMm asj	h\$Qar CEnmKZ (q`\$Qb)	VbomMo à_mU (%)
1.	I am EH0\$-64	35-40	85-90	3.0	nnyam _i H\$Q>	5 Vo9	47-48
2.	AY@a-r EZ-8	60	120	3.0	H\$aSmd nnyar N\$am	4 Vo7	50-51
3.	CYhmi r EH0\$-101	48	90-95	3.0 Vo 3.5	nnyam	8 Vo10	48-49
4.	CYhmi r EZ0\$-11-91 (npl\$gnj[V)	43	98-105	3.4	nnyam	7 Vo8	48.3

Vri {nH\$mdarb {H\$S\$, amU d E` nMoì` dnWmZ

{H\$S\$	dU` d ZH\$gnZrMmàH\$na	{Z` }U Cnm
1) V6V6a nNZo J\$ni Umar/ I nUmar/ ~n\$emnd aUmar Ai r.	nmZnMo I nboMo ~mDg anhyZ agemfU H\$aVnV d nU9AN> amomMm àgna H\$aVnV. Ai r H\$ndi r nmZo I nVo d nmZnMr J\$ni r H\$eS E` nV anhvQ ~n\$eV {eêS -r I nVo	EY\$ngè\ \$nz 35%14 {_.br., \dYWAñZ 50% àdnhr 10 {_.br., {`\$Znb\ \$ng 25% àdnhr 20 {_.br., H\$m-nib 50% nm{^.^w 40 J\$, `nmH\$ H\$nbE` nhr EH\$ {H\$H\$ZmeH\$Mm 10 {bQa nne` nV {gi } \Sdmar H\$andc.
2) JnK_mer	\bomMoAn/rb ór, nnyga Zi> H\$aVQ ~n\$ EdOr JnR\$ V` na hnmV.	H\$u` m{XgycmJVnM EY\$ngè\ \$nz 35% àdnhr 20 {_cr qH\$cmSni` WnEQ>30% àdnhr 15 {_.cr. 10 {cQa nne` nV {gi } \Smando Xugar \Sdmar bJM 15 {XdgnZr H\$andc.

Vri {nH\$ndarb and d È`nMoi`dnWmZ

and	dUZ d ZM\$gnZrVm àH\$ha	{Z`gU Cnî
1) _a	O{ZrVZ CX²dVno	-rO à{H\$ m: -n{GH\$B/H\$B0æZ/Wm a_3 Jî / {H\$ono
2) I n6>/ _j HIOi`m	I n6ada O{ZrVJV H\$ri o{RnH\$ nS\$Z Voe\$enH\$SaditVnV d Pr6>dnî Vo	Om H\$6> n{pîharS\$ 4 Jî / {H\$ono `m à_nUv/ {~`nE`ng Mini nco
3) AUOrdr {RnH\$ d H\$Sm H\$anm	nmZnda bhnZ _n{enH\$onM{Aa{XgVnV. ZYa I n6ada ngaVnV d Pr6>dnî Vo	_YH\$P- qH\$cm Vm à P\$ AnfY 25 Jî 10 {b0a nE`nV {gi z \Schrando qH\$cm _YH\$P- 25 Jî / Vm à P\$ AnfY 20 Jî + n0B0ngm ŠbrZ 6 Jî, 10 {b0a nE`nV {gi z \Schrando
4) ^gr and	nmZnda d I n6ada nE`è`m nndSa gra>`m nXnVn{ho AnclaU Anî: Vo niz0Ji VnV.	300 _e JYH\$ 20 {H\$/hodramenV AgVnZm Yni ncoqH\$cm nE`nV {gi Urao JYH\$ 25 Jî 10 {b0a nE`nV {gi z (500 {b. ƏndU/ ho) \Schrando
5) nU\$AN> (\nî cn6\$)	{dfnU}Y` and Agz àgra V6V6scm _n\$V hnbvo \b0n{m ^nbn{ho{hai`m nU\$gîr` ^nbnV é\$hn{a hnbvo	V6V6scm{Z`gU H\$and andO>Pr6>Vm Zne H\$andm

[Vi nA`m{nH\$MVo_hEd ...

- {VYhr h\$MnV d gd@aH\$A`m O{ZrV `Wo
- H\$_r {XdgnV `Wo (80-100 {Xdg H\$bnndYr)
- AnnEH\$brZ nrH\$, AnVnRH\$ d {I nrH\$ àhUzhr Klv`Wo
- {~`nV VbnMVo à_nU A{YH\$ AgVo
- Tn OZndangm nrfH\$ Anho

H\$S\$ (H\$SB)

H\$S\$ hoa~r h\$MnVrc Vc{~`nMVo_h{dnMVoAnU Aèn I {MPS nrH\$ Anho AdfOnda
_nV H\$E`nM j _Vm`m{nH\$V AnYŠ`nZoAgè`m_w oBVa a~r {nH\$ng mH\$MnSnhj d nH\$aVn
honrH\$ EH\$ daXnZ Anho

hdm_nZ : `m{nH\$cm W\$>hdm_nZ _nZdVo nrH\$ dnfA`m H\$UÈ`nhr AdnWV OmV nnd\$g
AnU nUj gnmVz anUo`m{nH\$ng _nZdV Znhr. È`nMà_nUoA{V CUVm_nZnMm AnU A{V
W\$Mm`m{nH\$nda {dnarV n{aUm_hnbvo

O_rZ : m{nH\$ng _Ü_ _ VoI mc, Anic {OH\$ciZ RaUmar, na\$VnMn\$cm{ZMamAgUmar
 O_rZ Agndr. j ra`P\$ O{ZrV gDm honrH\$ KvM`Vo
 npl©emJV : H\$S\$MoEH\$M nrH\$;`nd`nMoRa(dè`ng C\$Ynu`nV EHS`dó Zr@aUr, dI aUrA`m
 2-3 nu`m XD\$Z, H\$S\$H\$Mam dM\$Z O_rZ Mn\$cr ^ng^verV H\$andl. nndgnü`nV Xa n\$am
 {Xdgr`r dI aUr H\$e\$Z nntUr {Oadiz VU {Z`jU H\$ando

Xy-ra nrH\$;`nd`nMoAgè`ng I am {nH\$MmH\$T`UrZYa H\$rv H\$ _emVrZoO_rZ
 naUrg V`ra H\$andl, ObUoH\$e\$Z O{ZrV Amncdm {OH\$Z anhr, ahUoCJdU Mn\$cr hnd\$Z
 amng\$`m nner {i c.

^aI Vo: H\$S\$ nrH\$ I Vng C\$Tm_ à{VgnK XVo npl©emJV H\$Vn\$mebU I V/H\$nmO>I V h\$Qar
 5 OZ eolQModI aUr AJnKa O{ZrV {gi ndo

{e\ \$magrV dntU / OnVr :

A. H\$.	dntU	\Nbnè`nda `è`nM/m H\$tondYr ({Xdg)	n[an`\$ hnè`nM/m H\$tondYr ({Xdg)	100 Xnè`nM/mo dOZ (Jè.)	Xnè`nM/m a\$	VbnMo à`nU (0>0)	h\$Qar CÈnrKZ (q`\$0b)
1.	gnVnfaV dntU ^r_m	70-75	130-135	6.0	nrfam	30	12-20
2.	Znar-6 ({-ZH\$Qar)	77-80	135-137	4.3	nrfam	31	10-15
3.	EH\$Eg 207	70-75	125-130	6.5	nrfam	30	14-20
1.	gH\$faV dntU Znar - EZEM 1 ({-ZH\$Qar)	75-79	135-140	4.3	nrfam	31	15-18

{~`nUo: ^nar O{Zrgnr\$ h\$Qar 10{H\$cm Va _Ü_ O{Zrgnr\$ h\$Qar 12 {H\$cm AnU
 Xiv-ra {nH\$gnr\$ h\$Qar 12 Vo15 {H\$cm{~`nUodmncdo gH\$faV dntU/Mo 7.5 {H\$cm{~`nUo
 dnmncdo

~rO à{H\$`m : naUrnydu {~`nè`ng Wm`a_, H\$QZ qH\$dm ~mgrH\$nb nH\$ H\$nuVbr EHS

~werZneH\$ 3 Jii à{V {H\$ono{~`nE`ng Mni nclò Jii Jii rV nE`mndà ~werZneH\$
{MH\$QZ anE`ngR\$ {~`nE`nda à{H\$`oylu àW_ Jii nMoDndU qenS`nclò VgM naUrnydu
{~`nE`ng APnE`S0a A{YH\$ nrEg~r [OdnUygdYZnMr ~rO à{H\$`m (àE`bl\$ 200
Jii à{V 10 {H\$ono{~`nE`ng) H\$andr. _a àdU ^m/nV _a am/nA`m à{V~YngnR\$
O`ni H\$ns`mPO{dH\$ ~werZneH\$Mr 4 Jii à{V {H\$ono{~`nUo`nà_nUo~rO à{H\$`m
H\$andr.

naUrMr dòi : H\$SBMr naUr gB0\$-aA`m{Vgè`mVoAnS0a-aA`m n{hè`mAnRedS`nV
Hè`ng A{YH\$ CEnP { _i y _ndm {H\$S`Mm ànX`nE` H\$`r anHvno AnbVml nrb
H\$SBMr naUr AnS0a-a eodQ`n V H\$E`ng haH\$V Znr. {~`nUoam`^a nE`nV
{^OdZ naUr Hè`ng CJdU bdH\$a d Mn}br hnb

naUrMr nUXV : naUr XnZ MrS`nA`m nm`arZoH\$andr àhUMo{~`nUod I VoEH\$Mdo r
XVm`Vrb. naUr H\$VnZm XnZ Anì rV 45 gl_r. AYa Reindò

An/a{nHè : H\$aS\$ nrH\$ gbJ Z KVm ha^am Odg An/anrH\$ nUXVr_Ù`oH\$aS\$ +
ha^am 6:3 Anì r {H\$im H\$aS\$ + Odg 3:3 Anì r `m à_nUo/ j`nclò

angm {ZH\$ I V _mì m, dòi : honrH\$ angm {ZH\$ I Vng CÎm à{VgnX XVo H\$msalnj
H\$aS\$ {nH\$ng naUrgn-V 25 {H\$onoZÌ d 25 {H\$ono`n\X (125 {H\$onoA_nZ`_
gè\0>+150 {H\$onoqJb gma\`n\0> à{V h\$0a Úndò AnbVml nrb {nH\$ng
h\$0ar 20 {H\$onoZÌ d 40 {H\$ono`n\X naUrModò r XDSZ Cablom ZÌnM Xngam hám
20 {H\$onoà{V h\$0a naUrZYa 30 {XdgnZr Úndm nrEg~r 200 Jii à{V 10 {H\$ono
{~`nE`ng bndè`ng 25 0>`n\X I V _mì Mr ~MV hnb VgM APnE`S0a 200
Jii à{V 10 {H\$ono{~`nE`ng bndè`ng 50 0>`n\X ZÌ I V _mì V ~MV hnb

{dai Ur : `m {nH\$Mr {dai Ur CJdUrZYa 10-12 {XdgnZr H\$eZ XnZ am/nV 20 Vo
30 gl_r. AYa am nclò h\$0ar PnsMr g\$`m 75,000 Vo1 bml n`V Reindr.

An/a_emJV : Andrì H\$VZngm 1-2 dòi mQZXUr d S`eUr H\$eZ O_rZ VU{dahrV d
^ng^erV Hè`nZoAnbndm {O`H\$Z anE`ng _XV hnb

VU ì`drìWmZ : OVo_OamMr MUMU AnhoVVoAnbVml nrb H\$aS`_Ù`oVUZneH\$Mm
Oè\$a ^ngè`ng dma H\$andm È`ngnR\$ naUrnydu àbS`bnbrZ 1 {H\$ono{H\$`merb
KQH\$ (2 {b0a ~ngnrbZ) à{V h\$0ar 600 Vo700 {b0a nE`nV { _gi y `sclmndò
AnbrV ì`drìWmZ : OVoAnbVnMr gnò AnhoVVo`m {nH\$ng naUrZYa 30, 50

An(U 65 {Xdgnr An(bVnA` m VrZ nm` m {Xe` ng AYH\$ CEnP {i Vo ObVoEH\$M
An(bVnMr gn(AnhoVVo 50 {Xdgnr, XnZ An(bVnMr gn(Agè` ng 30 d 50
{Xdgnr An(bV

Úndo nrH\$ hbS` m O{ZrV Kwè` ng An(bVnA` m 3 Vo 5 nm` m Úm` nV. An(bV
H\$VnZm {nH\$V OnnV d(nnUr gnMz an(Uma Znhr ` nMr H\$ni Or ; ndr.

H\$mUr d _i Ur : {nH\$mMr nmZo An(U ~n\$em {ndu` m nSè` nZVa {nH\$mMr H\$mUr
H\$andr. È` nZVa PrsMo bhMZ bhMZ H\$S: JCa~nVZ eVnM dmi Urgnr: Rndlo JCa
Mn(bodmi è` nZVa H\$R: Zo~S:Z qH\$dm WeaMoghme` nZo _i Ur H\$S:Z ~r AbJ H\$ando
AbrH\$S: H\$~nBZ hmad(o _i oH\$T: Ur gH\$ P(b(An(h(È\$ nMm Cn` n(H\$andm ZVa ~r
ndAN>H\$S:Z, dmi dZ gnRndlo

CEnmKZ : _Ú` _ O{ZrV h(Oar 10 Vo 12 q1\$Qb An(U ^nar O{ZrV 14 Vo 16
q1\$Qb CEnmKZ {i Vo An(bV Hè` ng 20 Vo 25 q1\$Qb EdT: CEnmKZ {i yeH\$Vo
nrH\$ g(j U

[H\$S:, am(d È` n(Mo` d(nWmZ :

_ndm : BVa {nH\$larb _m` ng m AnH\$anzO _nR: a\$nzO H\$ni m _Ky AY©Jn(nH\$na
AgZ earanda nR: _wMo ~nOg XnZ qeJo AgVnV. _ndm hm PrsM(r nmZo \H\$M d
~n\$VZ ag enfU H\$Vno OnnV àn(n(Prè` ng Prs>dmi Vo ag enfU n(edm _ndm
Annè` m earanVZ gml agm(m {MH\$Q>nXnV©Prsnda Q: H\$Vno È` nda H\$ni r ~wer
d(È` m _i o PrsMo AP V` na H\$È` nA` m à{H\$ V ~nV` Vo

_ndm {H\$S: Mm àn(n(gBQ>aA` m e(OÀ` m Vo AnS: aA` m n{hè` m AnRdS: nV
nabè` m {nH\$nda H\$ _r an(Z CEnP Mn(bo {i Vo H\$na Seln(j d nH\$aVm _m` m gna>>` m
ag enfU n(m {H\$S: Mm àn(n(Q: È` ngnr: naUr gBQ>aA` m {Vgè` m AnRdS: m Ú` o
H\$andr. H\$SBA` m 30 Q: Prsnda _m` nA` m g _nMm àn(n(qH\$dm àÈ` H\$ Prsnda
15 Vo 20 _ndm H\$Q: H\$ hr An(WPS ZnSgnZrMr _nRm nV(r An(: è` ng {Z` j Ungnr:
V(WAnZ 50 Q: H\$ àdnhr 10 { .br., EYS: è` nZ 35 Q: àdnhr 14 { .br.,
{1\$Znb\ \$ng 25 Q: àdnhr 20 { .br., Wm no Q: Z 25 Q: àdnhr 12 { .br.,
S: _WnE>30 Q: àdnhr 10 { .br., Agr\ Q>75 Q: nm{ .^w 4 J(, _bn(WAnZ
50 Q: àdnhr 20 { .br., H\$~n(b 50 Q: nm{ .^WQ: 20 J(` mnH\$ H\$nbÈ` nhr
EH\$m {H\$Q: H\$meH\$mMr 10 {bOa n(È` nV {g(j \smaUr H\$andr qH\$dm {1\$Znb\ \$ng 1.5

Q>0, { Wrb nãqWAnZ 2 Q>0, \nPbnZ 4 Q>0 nH\$ EH\$m ^H\$Q:Mr 20 {H\$bnò à(V h\$Qar à_nUo Yri Ur H\$andr.

AèQaZ[a`nMo{RãH\$: `m anònm/àgrna hcm O_rZ, VgM XffV [-`nÈ`m Xnao hnb/no anònmr VrdV/m OniV Agè`ng nznMr Ji hndSZ CÈnPrV KQ>`Vo

`m anònA`m {Z`g UnH\$aVm `YH\$P- (Sã WZ E_ 45) qH\$dmVm à W\$ ~merZneH\$ 25 Jè, 10 {bQa nÈ`nV {gi z \smaUr H\$andr.

_a anò : anònm/àgrna {-`nUo An(U XffV O{ZrìXnao hnb/no `m anònmò à_nU OniV Agè`ng I nbMr nznodmi z PrS>H\$nb_Sz _aVod CÈnPrV KQ>`Vo

`m anònA`m {Z`g UnH\$aVm ~ngrH\$nb, Wm a_, H\$QZ `mH\$ H\$nbVbr EH\$ ~merZneH\$ 3 Jè à(V {H\$bnò qH\$dm H\$m-Y\$P_ 2 Jè `m à_nUnV KQSZ {-`nÈ`nA`m gd~nOZo MnSjbm Wa ~gob AenaH\$ao Mni ndo VgM {nH\$Mr \ãanbQ>H\$andr. anòQ> PrSãMo Adef Ori z qH\$dm O{ZrV JnSz Zi>H\$andV.

Odg

Odg ho a~r h\$jm_nVrb _hÈdnMo Vb{-`m nrH\$ Anho {dX^nPrb W\$>hcm_nZ `m {nH\$ng Cn`W\$ Agz honrH\$ {Oam Vr An(U ~mjmi Vr bndSg `nè Anho `m {nH\$Mr CÈnKH\$Vm dnt{dÈ`ngRz dè da bndS> gVnqAV dntUnM dma An(U {H\$S d anònmgyz gôj U `m ~m-H\$Sè H\$ni OrnpP\$ bj XùoAndrì`H\$ Anho Odg Vbom_Ü`o 58 Q>0 Anòdm-3, _Xnãb An(U AèAnSgrS>Anhv. È`m_wi oöX`anònbm H\$naUr^V Agbbo {dH\$na, a°\$Xm-, H\$nbòQãb, ploganBS>`nMo à_nU H\$_r hnbvo àhUz Odg Xz\$XZ AnhranV KùoOè\$a Anho

O{ZrMr {ZdS>d npl©emJV : `m {nH\$H\$aVm_Ü`_Vo ^nar, Anònbcm {O\$dz RøUmar O_rZ {ZdSandr. h\$Qar 10 JnS>m MnSjboH\$ObboeU I V QanH\$Z d dI anA`m XnZ nni`m XDSZ O_rZ ^ng^nerV H\$andr.

naUrMr dè : `m {nH\$A`m dè da naUròm \sna _hÈd Anho dè da naUr Hèor Va JnX_mer hr H\$S>d _a `m anònm/ànxv`nè H\$_r à_nUnV AnTz z `Vnod CÈnPrV dnt> hnbvo àhUz H\$naSelnhy {nH\$Mr naUr AnSònaA`m n{hè`m nYadnSçnV Va ~mjmi Vr {nH\$Mr naUr AnSònaA`m eolQÀ`m AnRèlSçm`V H\$andr.

~rO à(H\$m : naUrndr@a[V {H\$bnò{-`nÈ`ng H\$m-Y\$P_ 1.5 Jè qH\$dm Wm a_ 3 Vo 3.5 Jè bndndo

OdgnMogVnfaV dntU d È` nMoJtUY_©.

dntJmMo Znfi	H\$nbndYr ({Xdg)	VlbnMoà_nU (%)	hšQar CÈnP ({H\$bn})
1. EZEb - 97	115-120	44	600-1200
2. EZEb - 142 (AnfbVngnRš)	118-123	42	1510
3. EZEb - 260 npl'agnfaV (AnfbVngnRš)	111-115	43	1100-1800

AnVnRHS: `m{nH\$V Odg + ha^am Odg + H\$SB(4:2), Odg + _nhar (5:1)
`m à_nUnV KVm`Wo

naUr : {nH\$Mr naUr _w`ÈdoMnSçnÀ`m {V\$UrZoH\$andr. XnZ Ani rVrb AYa 30
gl_r. Rændc naVnZm {~`nUo`niz I nborV nSb`nMr H\$ni Or j`ndr.

{~`nÈ`nMoà_nU : 25 {H\$bnà{V hšQar {~`nUo dmanclc

amgm {ZH\$ I VnMr _mim : H\$mselny bmdSçg 25 {H\$bnZi + 25 {H\$bnñ\taX /
hšQar (àhUOM 125 {H\$bn20:20:0 {I I V) naUrÀ`m dci g Úndc Vgm ~mjmi Vr
bmdSçgnRš 60 {H\$bnZi + 30 {H\$bnñ\taX / hšQar Úndc `mH\$ AYmZi (30
{H\$bn) + gñjU`ñ\taX (àhUOM 150 {H\$bn20:20:0 {I I V) naUrÀ`m dci g d
anfhbor AYu Zi nMr _mim (30 {H\$bn Zi àhUOM 65 {H\$bn`ta`n) 40-45
{XdgnZr nfhè`m AnfbVngn-V Úndr.

AnbrV i`dnWmZ : `m {nH\$g XnZ AnfbVnMr Andr`H\$Vm Anho n[hbo AnbrV
nrH\$ \lbn`ncl AgVnZm àhUOM 40-45 {XdgnZr d XgaoAnbrV 65-70 {XdgnZr
(~nšçm YaÈ`nÀ`m dci g) Úndc

AnVa_emJV : OdgnMonrH\$ n[hbo30 {Xdg VU{dahrV RæboVa CÈnnZnV dnt>hnlvo
naUrZYa 25 {XdgnZr n[hbr SæaUr H\$Uo Andr`H\$ Anho VUnMm ànXn`nè bj nV
KVm qZXU H\$andc

nrH\$ H\$ntUj : {nH\$Mr nmZod ~nšçm{ndu`m nSè`ncl nrH\$ H\$ntUjrg `niz g_Óndc
`m {nH\$Mr H\$nmUr {du`nÀ`m ghæ`nZo H\$andr. H\$nmUr Priè`nZYa 4-5 {Xdg
dmi dZ`i Ur H\$andr d ~r`niz àH\$mo gnRæjZ Rændc

à_vt {H\$S\$, am} d È` n\$Moì` dñWmZ :

{H\$S\$/am}	Cnm` nDZm
1) JnK_mer	`m {H\$S\$A`m {Z` } UnH\$aVm Sñi _WnE0>30 Q₂ ð àdnhr 10 {_.br., 10 {b0a nñE` nV {_gi } \ \$cmaUr H\$andr. Odg {nH\$ñMr naUr AnŠQa-a {hY` nA` m n{hè` m AnRèlSçnV H\$andr.
1) Aè0aZfa` mābnBè	(1) -r0 à{H\$ m - Wm a_ / H\$m-Y\$Pr_ 3 Ji_ à{V {H\$om (2) _YH\$Pè- 0.25 Q₂ ð Mr \ \$cmaUr H\$andr (25 Ji_ + 10 {b0a nñUr)
2) ^pr	`m amñMm àgma hdaXmo hñ/mo `m amñMo {Z` } UnH\$aVm nñE` nV {_gi Umr JYH\$ñMr ^H\$Q\$ 25 Ji_ qH\$cm H\$anVZ 10 {_.br., 10 {b0a nñE` nV {_gi } \ \$cmaUr H\$andr.
3) _a	-r0 à{H\$ m - ~ngH\$ñb/H\$QZ/Wm a_-3 Ji_ à{V {H\$om{-` nE` ng Mmi nco

nb̄ar

gn̄m[aV dnU :

A.H\$	dnU	Vlbnè` ncla `È` nM/m H\$ñbndYr ({Xdg)	n[anŠd hñE` nM/m H\$ñbndYr ({Xdg)	1000 XnE` nMo dOZ (Ji_)	XnE` nM/m a\$	hŠ0ar CÈnñKZ (qŠd0b)	VlbnMo à_nU (%)
1.	ngm~nièS>	43-52	98-110	3.2-4.5	H\$ñi ga H\$Sñ	7-11	34-40
2.	EgrEZ-eVnāXr (EgrEZ 9)	40-42	92-103	2.9-3.8	H\$ñi ga H\$Sñ	8-12	32-40

bmJdS>V\$:

naUrMr dñ	naUrMr nUXV	hŠ0ar {~` nJo ({H\$om)	A\$ya : Anñ rV x PrñSñ/ (g _r.)	hŠ0ar PrñSñ/r g\$` m	hŠ0ar I Vo Zl : ñ\ñX: nñbme ({H\$om)
AnŠQa-aMm eadQ\$Mm AnRèlSñ Vo Znñh]-aMm n[hbmAnRèlSñ	{V\UrZo	5-6	45 x 10 Vo15	1.5 Vo 2.2 bml	40:20:0 (H\$ñSèlnh) 50:40:0 (AnñrV)

{H\$S\$:

_mclm `m {H\$S\$Mm ànkí`nè {nH\$A`m gú\$dm/rnngyZ VonrH\$ {ZKò`V anhVno hr H\$S>PnS\$A`m nZmVZ d BVa H\$ndù`m ^nJmVZ ag enfU H\$Vo Vrd«ànkí`nè Agè`ng nZò{ndi r nSjZ dmi VnV, VgM amnMlr dnt>I @Vo T>mi d And`hdm_nZ `m`nÀ`m dnt`g AZH\$bo anhVo `m {H\$S\$A`m {Z`g Ungnr\$ S\$ni `WnE0> 30 Q_0` àdnhr 10 {_.br., Wm no Q`Z 25 Q_0` àdnhr 8 {_.br., {SdZnb\`\$ng 35 Q_0` àdnhr 20 {_.br., `bnWAnZ 50 Q_0` àdnhr 10 {_.br., EY\$ngè\`\$Z 35 Q_0` àdnhr 14 {_.br. `nnH\$ H\$ndÈ`nhr EH\$m {H\$Q>H\$ZmeH\$Mlr 10 {b0a nE`nV {gi yZ \`\$maUr H\$andc qH\$dm EY\$ngè\`\$Z 4 Q_0`, H\$-nrb 10 Q_0` `nnH\$ EH\$m ^H\$Q>Mlr à[V h\$Qar 20 {H\$ono`à_nJo Yni Ur H\$andc.

and : _nhar {nH\$nda ^gr, nrfam Vn\$-am d H\$anm `m amnMm ànkí`nè {XgyZ `Vno `m amnNÀ`m {Z`g Ungnr\$ _YH\$ndP- qH\$dm H\$B0>\$fbo ho ~werZneH\$ 30 Jì, 10 {b0a nE`nV {gi yZ \`\$maUr H\$andc.

Ea\$S\$

hdm_nZ : CîU H\$Q>Yr` nrH\$ AgyZ Vo [Za{Zanù`m h\$Jm_nV VgM H\$_r nnd\$g qH\$dm Adf@JnV ^mJmV `D\$ eH\$Vo

O_rZ : gd`àH\$na`m hbS`m, _U`_ d ^mar O{ZrV Mn\$bo CÈnYZ {i Vo na\$y nUWwi qH\$dm {dab`\$V O{Zr A{O~nV Cn`\$V ZnhrV.

ngp`emV : `m {nH\$A`m _u`m I nbdca OmV Agè`m_u`o O{ZrMr Zn\$JaUr I nbo H\$andc. Zn\$JaUrZYa dI anÀ`m XnZ Vo VrZ nnù`m XD\$Z O_rZ V`na H\$andc. à[V h\$Qar nM Vo Xhm QZ ebl V qH\$dm H\$nm0> I V eol0Mr dI anMlr nmi r XVo di`g O{ZrV {gi yZ Úndo

naUr : naUr gd@mYnaUnUo {V\`\$UrZo qH\$dm Q`nH\$U nUXVrZo H\$andc. {V\`\$UrZo naUr H\$è`ng {dai Ur H\$èZ h\$Qar PnS\$Mlr g\$`m {e\`\$nagrZygnà H\$ni`_ Rndc. ñWnqZH\$ n[apnWVr d Andí`H\$VZygnà Ani rVrb A\$Ya 90 Vo 120 g{_.r. AnqU XnZ PnS\$Yrb A\$Ya 45 Vo 60 g{_.r. Rndco naUrZYa 15 {XdgnZr {dai Ur H\$èZ EH\$M Om Xna amnOa Rndco {~`nJo O{ZrV I nbdca (5-6 g{_.r.) nS`b `nMlr H\$ni Or `ndc. `m {nH\$Mlr naUr O{ZrV nwer Anb AgVnZm d dngm Anè`nZYa BVa I am [nH\$ngne-V gnynaUV: 15 Olbp`V H\$andc. AmnM/H\$nb0Z n[apnWVr_U`oC{eam Anbñ0À`m n[hè`m AnRdS\$gn`V naUr H\$E`ng haH\$V

Zinr. AY& r h\$ m nV gB0> aA` m n[hè` m n\$ achS> nV naUr H\$andr.

{~` nUoà_mU : à{V h\$0ar 10-12 {H\$om{~` nUo({V\ \$U nUXV) à{V h\$0ar 8-10 {H\$om {~` nUo(OmH\$U nUXV)

~rO à{H\$` m : naUrnpdu Wmì a_ 3 Ji_ à{V {H\$om{~` nE` ng bndndco {~` nUo gndbrV dmi dZ bJM naUr H\$andr.

gVnfaV d gH\$aV dntU :

A. H\$.	OmVrMoZn\$	CÈnYZ (H\$.J#h\$0ar)	dfeio`o
A) gH\$aV dntU			
1.	OrgrEM-5 (EgEM-r-145)	1740 (H\$mS\$lnh) 2820 (~nlmì Vr)	_i H0Oi`m d _a amVngnR\$ à{V~\$YH\$, g\$U^`naVngnR\$ {e\ \$ag
2.	{XBVr (S\$grEM-32)	1800 (H\$mS\$lnh) 2000 (~nlmì Vr)	_a à{V~\$YH\$, H\$mS\$lnhyd ~nlmì Vr j ðngnR\$ {e\ \$ag
3.	OrgrEM-6 (OEM-r-665)	1398 (H\$mS\$lnh) 2323 (~nlmì Vr)	_i H0Oi`nanVngnR\$ à{V~\$YH\$ An(U _a, nrfar _mer, V\$V\$è \bH\$Sè d CQ> Ai r`ngnR\$ à{VH\$naH\$, _hnamìQ>anA` nVrb ~nlmì Vr j ðngnR\$
4.	{XnH\$ (S\$grEM-177)	1500 (H\$mS\$lnh) 2100 (~nlmì Vr)	nrfar_mernR\$ à{V~\$YH\$ d _a amVng _U` _à{V~\$YH\$, _hnamìQ>anA` nVrb H\$mS\$lnhyd ~nlmì Vr j ðngnR\$
5.	S\$grEM-519	1330 (H\$mS\$lnh) 2100 (~nlmì Vr)	_a amVngnR\$ à{V~\$YH\$, g\$U`XemVrb H\$mS\$lnhyd ~nlmì Vr eVrgnR\$ {e\ \$ag
-) gVnfaV dntU			
1.	E.H0.gr.-1	1200	_U` _C\$Vr, _hnamìQ>Vrb H\$mS\$lnhyeVrgnR\$ {e\ \$ag
2.	A`nVr (S\$grEg-9)	1028	_a amVngnR\$ à{V~\$YH\$, g\$U`XemVrb H\$mS\$lnhyeVrgnR\$ {e\ \$ag

I Vo: à{V h\$0ar 60 {H\$omZÌ d 40 {H\$omn\èXMr H\$mS\$lnhybmdS\$grnR\$ {e\ \$ag H0obr Anho`nnH\$ ZÌ`ŠV I VnMr AYu _mì m d n\èXnMr g\$U` _mì m naUrA`m d0 r O{Zr_U`o {gi Z` Úndr. anrbobr ZÌ`ŠV I VnMr AYu _mì m naUrZYa 40 Vo 45

